

SUNDAY 28 JULY

### A Tudor Kitchen Garden 11am & 2.30pm

Join our Heritage Gardener for an introduction to the flowers and plants of yesteryear, exploring our Kitchen Herb Garden. Learn about the medicinal and culinary uses of our traditional planting.



### From the Gardens All Day

We'll have a small selection of produce, including herb bundle, fruit etc, from Eastbury Manor House & Valence House's own gardens for sale in our shop. Take home something organically grown!



### The Big Wildlife Count All Day

Help us keep track of all the wildlife hiding around Eastbury Manor House. Fun for all the family, you can collect your wildlife spotting sheets. We'd love your help to record what flowers, butterflies, and other insects you spot, so we can continue to help them thrive!



# WHILST YOU'RE HERE...

Here are some other great things to see and do whilst exploring Eastbury Manor House.

## SUMMER HOLIDAYS: NOW & THEN



Thu 25 Jul - Sun 8 Sep

Have fun exploring our new trail for the summer, exploring summer holidays old and new! Inspired by the Victorians' love for a jolly, find items around the house and decide whether they're then, or now.

FREE



**EASTBURY  
KITCHEN**

Visit our tearoom for a delicious lunch, or an afternoon pit-stop. With homemade cakes, scones, and a delicious range of other snacks and treats, there's something for everyone.



**EASTBURY  
MANOR HOUSE**

# SUMMER GARDEN WEEK

25-28 JULY



**National  
Trust**

**Barking &  
Dagenham**



# JOIN US FOR A WEEK OF GARDEN INSPIRED ACTIVITY

We're hosting three days to explore all things gardens and grounds at Eastbury Manor House, and you're all invited.



From guided talks to volunteering opportunities, workshops to themed food offers, there's plenty to do for all the family, and it's all completely free!

[eastburymanorhouse.org.uk](http://eastburymanorhouse.org.uk)

## WHAT'S ON...

EVERY DAY (25, 26 & 28 JULY)

### Craft Activity Spaces

Dotted around the house, find our DIY craft spots, including funky hedgehogs, pressed flower keepsakes, and more.



### Lend-a-Hand

Help us out with quick & easy green-fingered tasks around our grounds. Spend 5 minutes following our easy steps to help keep our gardens looking tip-top!

### Pop-up Potting Station

Visit our potting table, plant up a seed, and take it home to grow in your garden. Or if you prefer, leave it with us and we'll grow it at the House!



### Tearoom Herbal Infusions

All week our tearoom will be serving special infusions from our herb gardens, including fresh mint tea, thyme & honey, and more....



**THURSDAY 25 JULY**  
**Thames Chase Volunteers**  
**10.30am-2.30pm**  
Thames Chase Volunteers will be joining us at Eastbury Manor House to help tidy up our ornamental beds, ready for replanting in the year ahead. You can have a go at helping out, and hear about all things Thames Chase!

**FRIDAY 26 JULY**

### Tudor Garden Baking

**11am & 2.30pm**

Get an insight into 16th Century baking with a hands-on baking class. For kids and grown-ups alike, you'll be following some traditional recipes and creating tasty treats inspired and infused by our kitchen garden. **Booking Essential**



**Garden History Guided Tours**  
**11am, 12.30pm, 2pm**  
Join our special tours exploring the history and changing landscapes of Eastbury's outdoor spaces. Hear about how the ownership and use of the estate has changed throughout history, in this specially designed walking tour.  
**Booking Advised**